

# Autumn Sandidge

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## EDUCATION

### Clemson University

*Bachelor of Science in Language and International Health*  
Emphasis: Spanish (Global Seal of Biliteracy: working fluency)

December 2024

Clemson, SC

GPA: 4.00/4.00

### Central Virginia Community College

*Associates of Science*  
Honors: summa cum laude

May 2021

Lynchburg, VA

GPA: 4.00/4.00

### Raspberry Hill Adult Daytime Center

*Nurse Aide Curriculum (140-hours)*  
Clinical Hours: 40 hours at Liberty Ridge Health and Rehabilitation Center

May 2021

Lynchburg, VA

## WORK & INTERNSHIP EXPERIENCE

### Certified Nurse Aide, Centra Health, General Medical Unit (750+ hours), Lynchburg, VA May 2022 – Current

- Provide exceptional and compassionate care to patients with diverse diagnoses and comorbidities
- Assigned an average of 11 patients and up to 16 patients on a 33 bed floor
- Provide support to nursing team and patient families by observing and documenting patient activity and status
- Chart patient care information efficiently using the Cerner electronic medical record
- Perform vital signs, blood glucose levels, patient hygiene, toileting, IV removal, and assist with patient mobility
- Selected to precept and orient newly hired nurse aides

### Clinical Medical Intern, HLA Clínica Santa Isabel (240 hours), Seville, Spain

January 2024 – May 2024

- Engaged in observational activities with doctors and nursing staff
- Shadowed medical staff in various specialties, including pediatrics, general medicine, and wound care

## CERTIFICATIONS, HONORS, AWARDS

- Nurse Aide Certification June 2021 – Current
- Basic Life Support Certification, American Heart Association June 2021 – Current
- Academic Scholarship August 2021– Current
- President's List August 2021– Current

## SKILLS & ABILITIES

Leadership, verbal and written communication, decision making, time management, goal-oriented, organization and prioritization, teamwork, knowledge of medical terminology, understanding of common medical disorders, medical record documentation, basic wound care, knowledge of infection control, patient care and assistance, knowledge of HIPAA requirements, compassion, adaptability, patient focused, attention to detail, problem solving, self-motivation and proficient in Microsoft Office programs, eClinicalWorks, and Cerner electronic medical record

## RELEVANT COURSEWORK

Microbiology, Organic Chemistry I, Determinants of Health, Public Health, Overview of Healthcare Systems, Epidemiology, Anatomy and Physiology I and II, Global Health, Infectious Diseases and Exposures, Genetics, Biochemistry, Spanish for Health Professionals, Technical Spanish for Health Management Professionals

## EXTRACURRICULAR ACTIVITIES & COMMUNITY SERVICE

- The Free Clinic of Central Virginia – Perform front office administrative duties, redirect ineligible patients to other community points of care, translate medical and dental appointments for Spanish-speaking patients
- Paws 4 PA – Pre-PA mentor, engage in bi-monthly meetings for pre-Physician Assistant students
- Amigos for Christ – Provide humanitarian aid and support community development in Nicaraguan villages
- Clemson Hope Spanish Mentor – Mentor Spanish-speaking students at local Title I elementary school
- KidzLife Leader – Implement lessons for spiritual growth of 20+ elementary students at LifePoint church